



resume

TREVOR KEOUGH

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[www.youthmomentum.org](http://www.youthmomentum.org)

## RESUME - TREVOR KEOUGH

Trevor was educated at Keswick School in Cumbria and the Royal Military Academy Sandhurst. After a career in the Army spanning 18 years, he left military service to set up the Glaramara Outdoor Adventure Centre in Borrowdale in the Lake District National Park. With the help of others he developed Glaramara to be one of the most successful privately owned outdoor centres in the Lake District with high levels of repeat business and a wide mix of customers.

It was during this time that Trevor was invited to work with young people from a variety of different countries and gained a real interest in international youth exchange work. He has been fortunate to work in Macedonia on numerous occasions, Albania and Germany. In addition he has been heavily involved in running UK based international youth events. This involved delivery of workshops on business and enterprise, personal and team development, social programmes and outdoor activities.

Most of his working career has been spent in operations and logistics and he is the Operations Director of Momentum Youth Development Ltd. As well as this role, in common with the other principals in the company, he will continue to work directly with young people on personal and team development projects, workshops and other events.

Outside the professional sphere, Trevor is married with two sons currently studying at university. His interests include outdoor activities, all sports, travel, gastronomy and family activities.